



Eye Priority, P.C.
Newsletter Archives

**Shopping for Gifts?
Toys & Games
For Vision Development**



The holidays are almost here, and we will soon be thinking about gifts for kids. Children develop visual skills as they grow and mature, and play is an important part of this development. Eye Priority vision therapists Linda Hardee & Angela Barnes offer the following tips for visually stimulating gifts:

To build hand-eye coordination:

- Stacking /nesting objects (blocks, nesting cups)
- Toys to pour and fill

For visual tracking:

- Games with rolling, bouncing balls
- Beads to string

To improve binocular skills:

- “Fishing” games with magnets
- Beanbag or basketball toss
- “Magic Eye” books

For visual focus:

- Puzzles, matching games
- Shape sorters
- “I Spy” or other books with hidden pictures
- Stare Jr. game