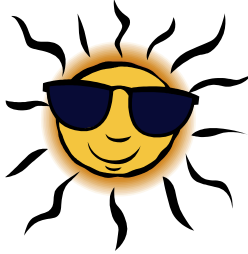


## *Eye Priority, P.C.*

### Newsletter Archives



### Summer is here!

Our year-round Arizona sunshine means we should be especially aware of the effects of our continual exposure to the sun's harmful ultraviolet rays.

Here are the facts about sunglasses:

UV rays are the main cause of cataracts and other conditions which can lead to blindness.

National Institutes of Health estimates put the number of Americans with cataracts at 20 million, and the economic cost of visual disorders and disabilities in the U.S. at over \$70 billion per year.

Everyone, no matter what color their skin and eyes, is vulnerable to UV damage.

Since sun damage is cumulative, children are at highest risk, and experts estimate that as much as 80% of lifetime UV exposure occurs by age 18. **Eye Priority offers a number of sunglass options for children.**

The best protection against UV rays is the combination of ultraviolet-absorbing sunglasses and a wide-brimmed hat. The addition of a hat can reduce UV exposure by 50%. **Every pair of sunglasses Eye Priority sells absorbs the recommended 90 to 100% of UV rays!**

Large lenses or close-fitting wraparound frames provide the best protection.

For contact-lens wearers, UV blocking contacts are recommended. Eye Priority carries them! Sunglasses are still needed, however, to protect the parts of the eye not covered by contacts.